December 2019 Winter Edition

Distribution is a season of recovery and preparation.

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Carers Leeds Yellow Card Scheme

If you are a carer ask your GP for a Yellow Card to

complete.

Once you have completed the short form hand it back to reception to send the referral to Carers Leeds.



Staff Update

A big welcome to Dr K. Gaffney who joined the Practice this month in order to continue her training rota.

My name is Dr Katie Gaffney and I am the new junior doctor based at Foundry Lane Surgery for the next 4 months. I've really enjoyed meeting many of you over the last week and am looking forward to meeting more of you over the next few months.

Dr Lizzie Emo will also be continuing her training with us over the course of 2 years.





Prescription <u>Requests</u>

Please note we do not do same day prescriptions.

Prescriptions take at least 48 hours to process.

The Pharmacy requires 1 week from order to collection.



Linking Leeds & Forward Leeds

Narinder – Wellbeing Co-ordinator will be changing her working week. From September 2019 Narinder will be in Surgery Wednesday & Thursday afternoons. Email: <u>n.panesar@nhs.net</u>



Looking for help for yourself or someone else? Get in touch with us 0113 887 2477 info@forwardleeds.co.uk



Cervical Screening



DON'T BE A DIVA IT'S ONLY A BEAVER Honestly. We've seen it all. Book your cervical smear test today.

Cervical Screening

Cervical screening is one of the best ways to protect yourself from cervical cancer.

Cervical screening checks the health of your cervix. It's not a test for cancer, it's a test to help prevent cancer.

How cervical screening helps prevent cancer

Cervical screening may check for:

abnormal cell changes in your cervix – left untreated, this could turn into cancer

HPV – some types of HPV can lead to cell changes in your cervix and cancer.

What is HPV?

Human papillomavirus (HPV) is the name for a very common group of viruses.

You can get it from any kind of skin-to-skin contact of the genital area, not just from penetrative sex. Most people will get some type of HPV during their lives. Nearly all cervical cancers are caused by infection with certain types of HPV.

Bowel Cancer Screening

Screening is offered every 2 years to men and women aged 60 to 74. If you have not received your testing kit please contact the **free** helpline on **0800 707 60 60**







We give bereavement support to family and friends who were caring for a person who has died.



Child Immunisations

Immunisation helps to protect your baby against 17 diseases such as:-

* Whooping cough * Septicaemia * Meningitis * Diphtheria * Measles * Tetanus * Polio * Rotavirus

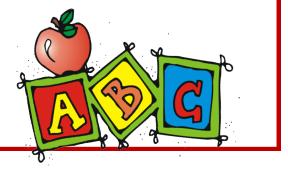
Walk-in Baby Clinic

Tuesday 11am – 12pm immunisations

Friday 10am – 11am immunisations / 11am – 12pm 6-8 week check

For appointments to see the Health Visitor please contact the Health Visiting Team direct on 0113 843 5683





Long Term Health Conditions

Patients with long term health conditions for example: diabetes, COPD etc will be routinely invited to book an appointment for their annual review around the month of their birthday.



Important Contacts Foundry Lane Surgery: 0113 2951200 Email: foundry.lane@nhs.net Boots Pharmacy: 0113 2645497 St James Switchboard: 0113 2433144

Opening Times

The Surgery opens at 8.00am. Appointment start times are from 8.30am. The last appointment time is 17.30pm.

Christmas Opening Times

| 25.12.2019 | Christmas Day – Surgery CLOSED |
|---|--|
| 26.12.2019 | Boxing Day – Surgery CLOSED |
| 01.01.2020 | New Year's Day – Surgery CLOSED |
| 02.02.2020 | Open as usual 8.00am—6.00pm |
| Evening & Weekend Out of Hours appointments at Seacroft Hospital . Please speak to reception for further information. | |

Patient On-line Access

Would you like to book your own appointments/order repeat medication on-line?

Register now for online access. Please see reception.

DNA's

Repeated failure to keep your appointment not only causes inconvenience, but also denies other patients the opportunity to see the doctor. Please be advised that if you fail to attend appointments we will consider removing your name from our list of patients.

Please only make appointments that you intend to keep. If you are ble to keep an appointment please

ZERO TOLERANCE POLICY

A zero tolerance policy towards violent, threatening and abusive behaviour is now in place throughout the NHS.

The doctors, nurses and staff in this practice have the right to do their work in an environment free from violent,

threatening or abusive behaviour and everything will be done to protect that right. At no time will any such behaviour be tolerated in this practice. If you do not respect the rights of our staff we may choose to inform the police and make arrangements for you to be removed from our medical list. Foundry Lane Surgery also reserves the right to remove any patient seen to be making abusive or defamatory remarks on any social networking site (Facebook/Twitter etc). Please be aware that by posting online anything that can be construed as slanderous will be treated as abuse and appropriate action will be taken by the Practice.

